



FORENSIC EVIDENCE MAP

If you have been the victim of a sexual assault, it's important to get help as soon as possible. Your best option is the Sexual Assault Center, which can help you within 7 days.

This gives professionals the best chance of finding any (forensic) evidence left by your assailant too.



Call 0800-0188

Free (and anonymous)



Chat with us on chatmetcsg.nl

Free (and anonymous)

CSG

Centrum **Seksueel Geweld**

www.centrumseksueelgeweld.nl



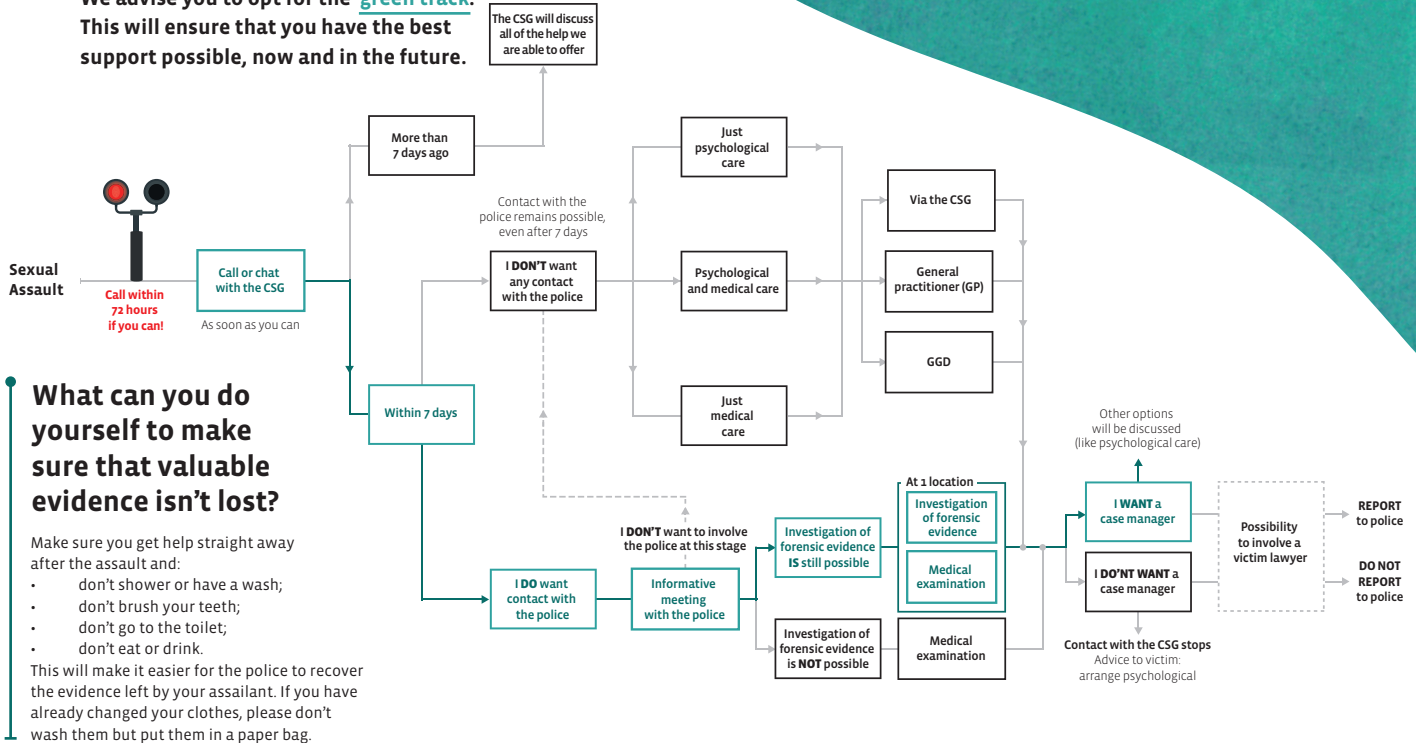
Centrum Seksueel Geweld

You decide which track you want to choose.

We advise you to opt for the **green track**. This will ensure that you have the best support possible, now and in the future.

Please call the center within 72 hours if at all possible

This will enable us to give you the best level of help possible. Doing this will also improve your chances of a good psychological recovery, prevent an unwanted pregnancy and STDs and make it easier to recover evidence.



What can you do yourself to make sure that valuable evidence isn't lost?

Make sure you get help straight away after the assault and:

- don't shower or have a wash;
- don't brush your teeth;
- don't go to the toilet;
- don't eat or drink.

This will make it easier for the police to recover the evidence left by your assailant. If you have already changed your clothes, please don't wash them but put them in a paper bag.