Welcome to Maastricht University

Faculty of Health, Medicine and Life Sciences

Meet & Greet BA RMT

26 juni
12:00
CET

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What is this session about?

- Introduction: Let’s introduce ourselves
- Curriculum and programme structure
- Experiences of student Alisa
- Key dates and sources for practical information
- Study association Helix
- Time for questions

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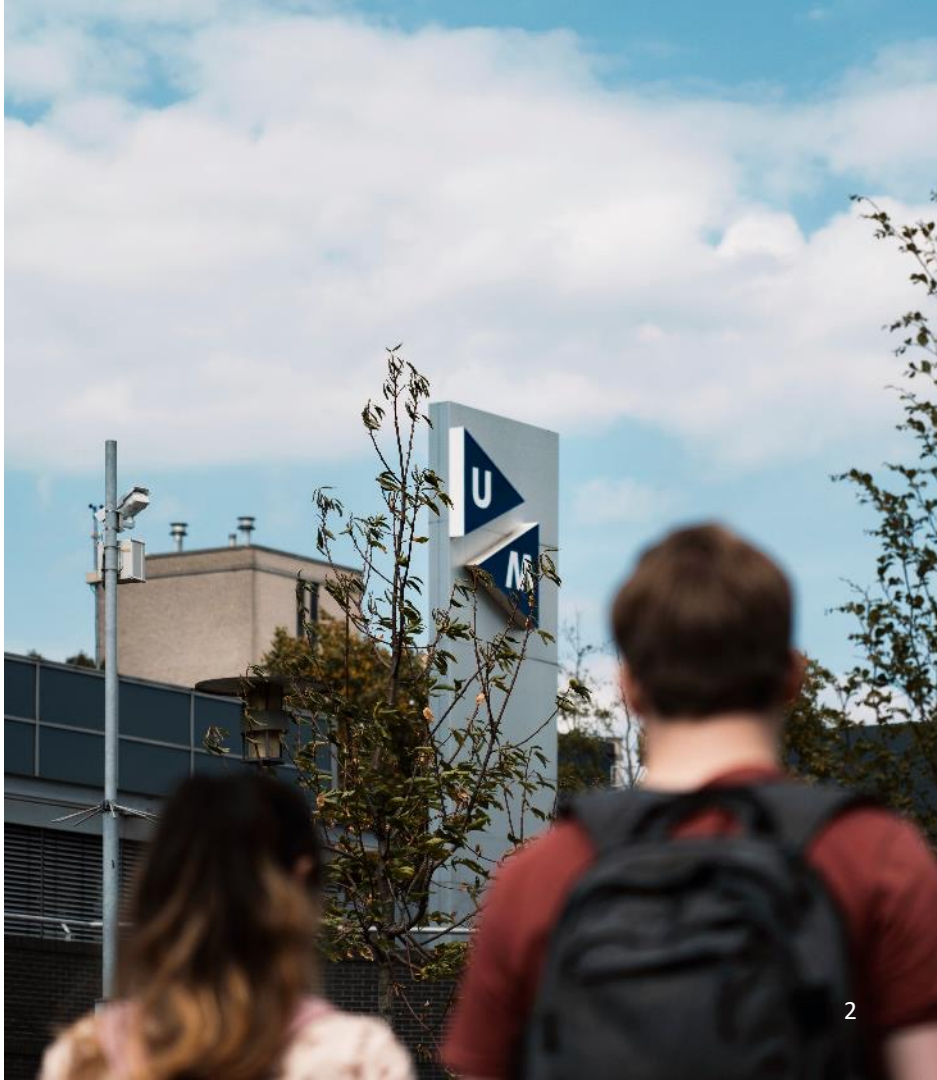

Let’s introduce ourselves

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Jurica Bauer
Programme Coordinator
Bachelor of Regenerative Medicine and Technology

Alisa Ovsiannikova
Student RMT

Veerle Houben
Bachelor recruiter FHML

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WHERE ARE YOU FROM?

WHAT DO YOU EXPECT OF STUDYING REGENERATIVE MEDICINE & TECHNOLOGY?

Curriculum and programme structure

Courses year 1 RMT

Year 1

RTM1001	RMT1002	RMT1003	RMT1004	RMT1005	RMT1006
The Molecular Basis of Life	Foundations of Engineering	**Regenerative Medicine in Society**	Principles of Medicine	Coding and Data Crunching	The Intrinsic Regenerative Capacity of the Human Body

Academic Development Line

Lab Skills Line

Design Project Line

What to expect?

- Multidisciplinary study
- Lab skills & academic skills training linked to content
- Choose your own design project and later minor/internships

- Your input will also be important!
- Buy a lab coat, laptop/books will be required

Choosing the Right Computer for Lab Operations

General Recommendations:

- **Avoid Macs**: Not all lab software is compatible with MacOS.
- **Minimum Requirements**: A non-Mac computer with average specs should suffice.

Windows Operating Systems
- Windows 11
- Windows 10

Specific Hardware Recommendations:

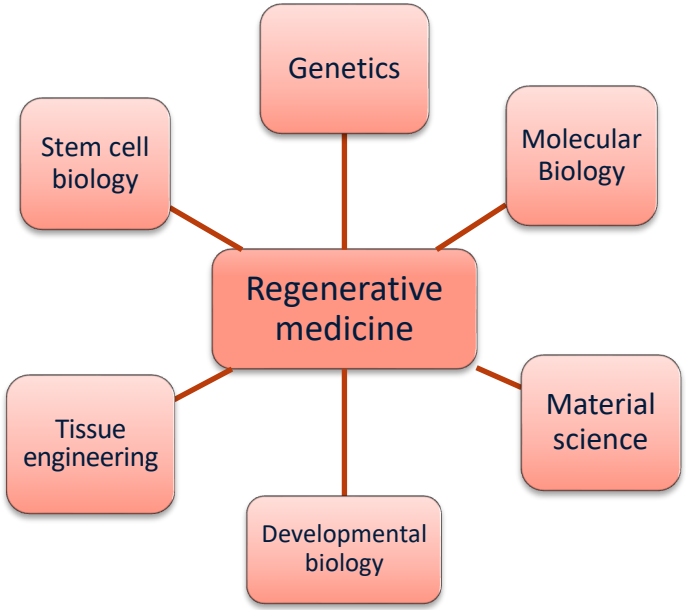
- **Processor**: 64-bit Intel or AMD (not ARM)
- **Memory**: At least 8 GB RAM
- **Storage**: 5 GB disk space
- **Graphics**: OpenGL 4.1 capable video card
  - At least 4 GB video card memory
- **Accessories**: Multi-button mouse with scroll wheel recommended
  - SpaceNavigator optional

Experiences of Alisa

Who am I?

- Alisa
- Current RMT student
- 18 years old
- From Moscow (Russia)

What is my background?



Study background:

High school in Moscow (Russia);

Now RMT at Maastricht University

Why did I choose Regenerative Medicine?

- Promising and rapidly growing field
- Multidisciplinary field: biochemistry, engineering (maths, physics, coding), medicine
- Implies creativity: develop new strategies to trigger the body to repair itself

How does my week look like?

Wednesday 28 Feb

08:30 - 10:30	RMT1004/2023-400/Tutorial Wed/01 - Principles of Medicine Tutorial UNS40 C0.535 / Segers, MHM (Maartje)
11:00 - 13:00	RMT1004/2023-400/Lecture 05: Gastro-intestinal/01 - Principles of Medicine Lecture UNS40 C-1.667 Heerlen zaal
13:30 - 14:30	RMT1102/2023-001/4 Introduction to virtual microscopy/01 - Lab Skills Line Year 1 Practical UNS50 G1.201 (Room 1) / Akker, GGH, van den (Guus), Rademakers, T (Timo)

Thursday 29 Feb

23:59	Lab Skills Line Year 1 (2324-RMT1102) - Practical Basics of Microscopy Assignment
09:00 - 15:00	RMT1102/2023-001/4 Practical gene expression (qPCR)/01 - Lab Skills Line Year 1 Practical UNS40 C4.556 - 4.570 / Ak, A (Asli), Kamphuis, MMJ (Marloes)

March 2024

Friday 1 Mar

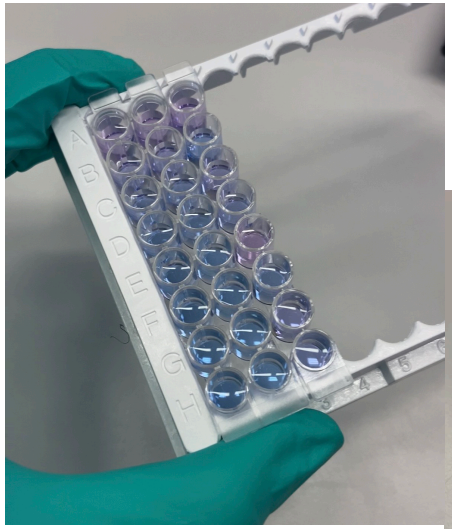
13:30 - 15:30	RMT1004/2023-400/Lecture 06: Gastro-intestinal/01 - Principles of Medicine Lecture UNS40 A0.771 Tongeren zaal
16:00 - 18:00	RMT1004/2023-400/Tutorial Fri/01 - Principles of Medicine Tutorial UNS60 M2.04 / Segers, MHM (Maartje)

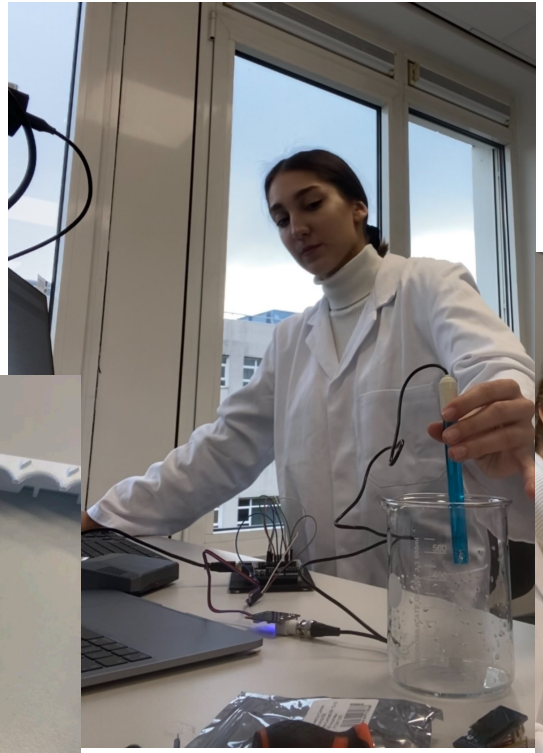
Tuesday 5 Mar

09:00 - 10:30	RMT1102/2023-001/4 Practical anatomy heart & circulation/01 - Lab Skills Line Year 1 Practical UNS50 F2.138A - Snijzaal / Köhler, SE (Eleonore (Leo)), Rango, U, von (Ulrike)
13:30 - 15:30	RMT1101/2023-001/Mentor meeting P4/01 - Academic Development Line Year 1 Tutorial UNS40 A0.744 / Akbulut, AC (Cengiz)

Wednesday 6 Mar

Our practicals





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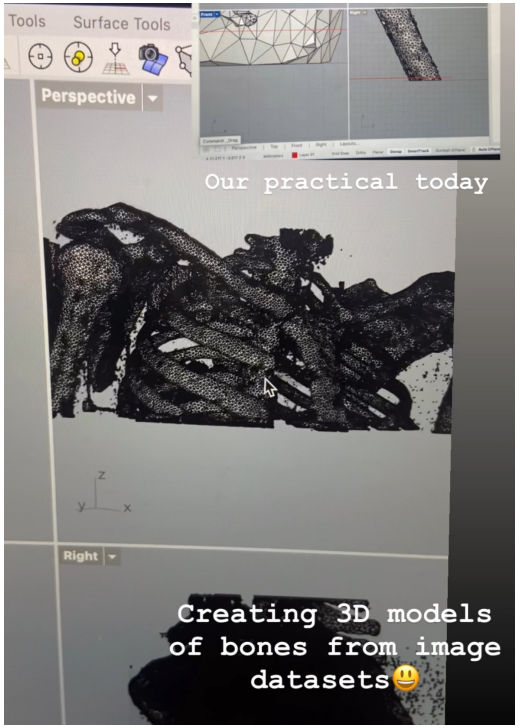
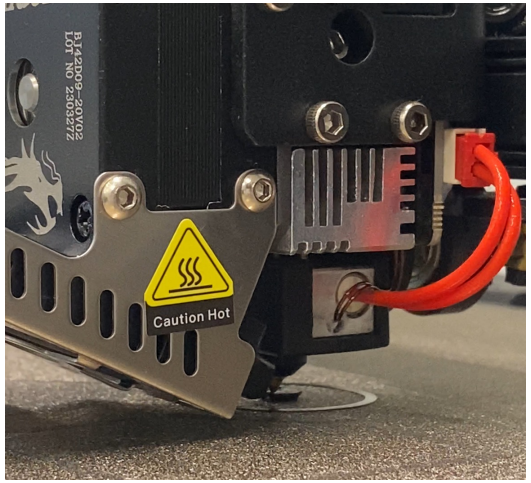
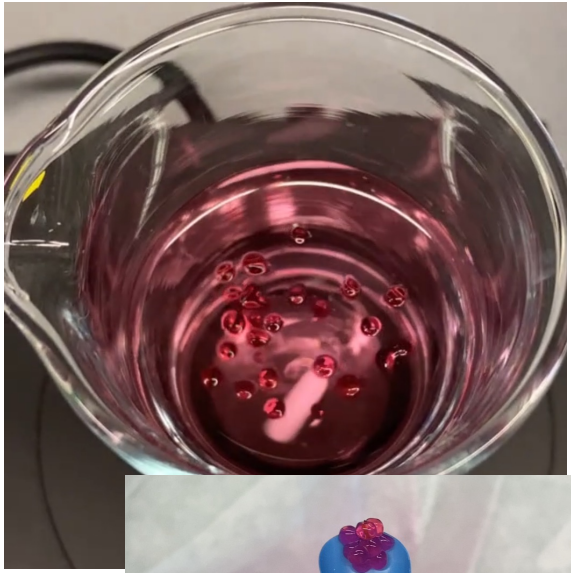
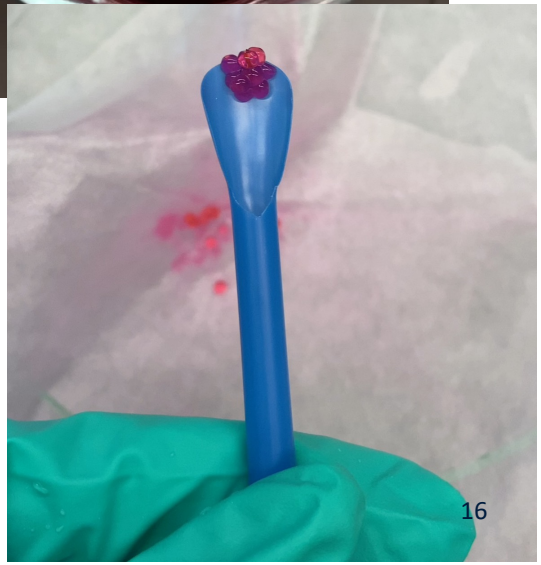
Our practicals







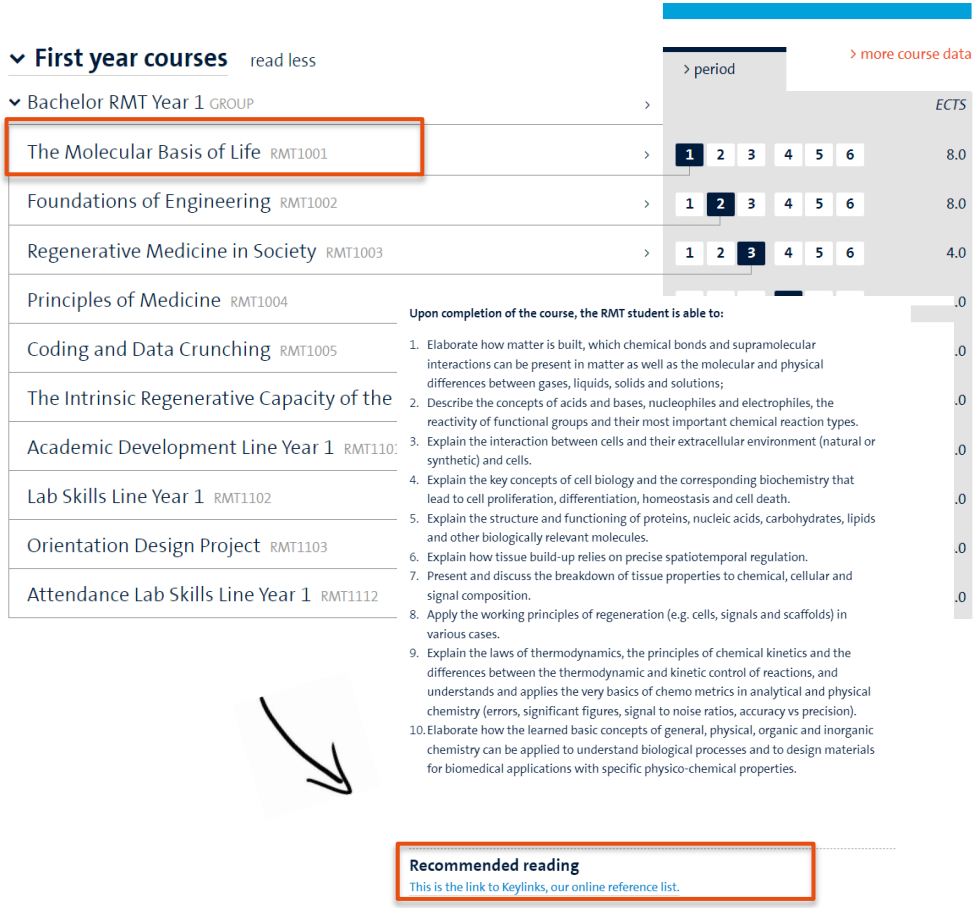


Literature

Finding the Reading List:

1. **Website Navigation**:
    1. Go to the first-year courses section on the website.
    2. Click on a specific module.
    3. Scroll down to the bottom of the module page.
    4. Find the "Keylinks" link under Recommended Reading.

2. **Accessing the List**:
    1. Click on the "Keylinks" link to access the literature list for the module.



Student life in Maastricht

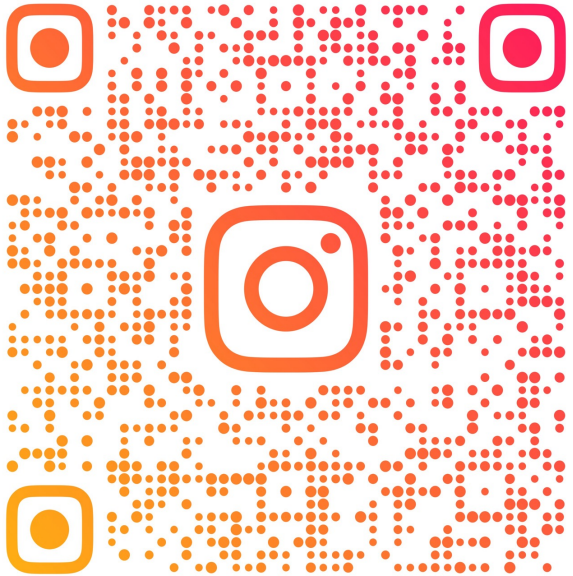
- UM Sports
- Committees
- Associations
- Friends
- Parties ☺
- Travelling

Why study RMT at Maastricht University?

- Problem-based learning (PBL) system
- Almost every week a lab practical: applying theory in practice as of the first months here!
- Every period an interview with current RM researcher
- Group projects as of the 1st period
- Cultural diversity at the UM
- Maastricht

Follow us on Instagram!

- Stay updated on RMT
- Explore student life in Maastricht
- Ask your questions via DM



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Key dates and sources for practical information

Important dates

- INKOM Maastricht: 19 - 22 August 2024
- Start of the academic year: 2 September 2024
- Faculty Introduction Day: Wednesday 28 August 2024

During the Faculty Introduction Day, there is an opportunity to purchase a lab coat.

When to expect/where to find information

- 4 mails before/about the faculty introduction:
  - 15 July: *save the date and practical information*
  - 29 July: *need to know information before the start of your study*
  - 12 august: *nice to know information before he start of your study*
  - Day before your introduction day: *Last practical information and group number*

- Time schedules available 2 weeks before start of the study

- **Study Association Helix**
  Organizes activities, both in the field of education and services and in the field of recreation, to make a useful, but also pleasant contribution to your student life.

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When to expect/where to find information

Questions about practical things such as housing, where to get a bike, or the student culture?

→ www.mymaastricht.nl

…or join their webinars on 8th July & 1st August

Join the WhatsApp group:

- Connect with fellow students
- Stay updated on the latest developments
- Ask education-relation questions

RMT 2024-2025

WhatsApp group

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Study association

STUDY ASSOCIATION

HELIX

Who are we?

- Study Association Helix → founded on september 1993 to represent bachelor and master students of Biomedical Sciences and Regenerative Medicine & Technology.

- We aim to make your time at UM as enjoyable as possible

- We organise activities, both educational and non-educational

Educational Activities

Activities that focus on personal, educational and professional development.

- **Pub Quizzes** → Best way to prepare for an upcoming exam! Join us to quiz your knowledge on course related topics.

- **Company Visits** → Curious to see how your studies are applied in research? Be sure to participate in our company visits!

Educational Activities

Activities that focus on personal, educational and professional development.

- **Student Evaluation Panel (SEP) →**
  - **Evaluates the Courses** → Insightful evaluations that ensure relevant and engaging content.
  - **Write Reports** → Detailed and compelling reports that highlight recommendations to improve our Bachelors.
  - **Meetings with the Course Coordinators** → Meetings with course coordinators to discuss reports.
  - **Contributes to the Improvement of Courses** → Your input and constructive feedback will be a vital tool for course coordinators to ensure the best educational experience for you and future students!

Non-Educational Activities

Course Opening Parties

Ice skating

Day trips and excursions

Committees

- Activities/Sports Committee
- Advisory council
- Education Committee
- Travel Committee
- Family Day Committee
- Financial Supervision Council
- Gala Committee
- Introduction Week Committee
- Master Student Evaluation Panel
- Promo Committee
- Student council
- Student Evaluation Panel
- **Well-being Committee**

Well-Being Committee

At SA Helix, we prioritize our students' well-being, which is why we established a committee dedicated to it. Its main task is organizing activities that promote student well-being and raise awareness about the importance of well-being within the SA Helix community.

Game Night

PicNic

What else can SA Helix do for you?

- **Place to relax at university** → Come find us at the SA Helix room, a welcoming space where you can unwind, recharge, and connect with fellow students!

- **Engage with older members from the association** → Forge meaningful connections with experienced members of SA Helix. Their mentorship and advice can provide valuable insights, helping you navigate university life and your academic journey with confidence.

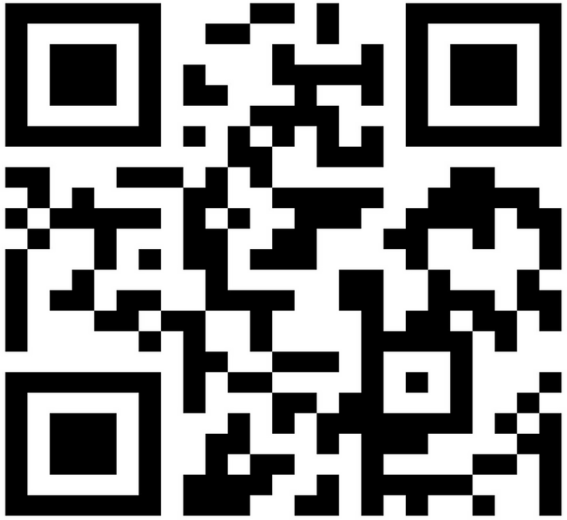
- **Valuable experience as a committee member** → Gain hands-on experience and develop leadership skills by joining one of our committees. Whether organizing events or managing projects, your involvement will be a significant boost to your personal and professional growth.

- **Lab Coats!** → Lab Coats are mandatory for Laboratory practicals and can sometimes be difficult to obtain. SA Helix is aware of how time consuming searching for lab coats is which is why we also provide

Want to get to know us better?
Join us during Introduction Week!

Every year the Introduction Week Committee organizes a week packed with fun activities during the first half of September to help Biomedical sciences and RMT first-year students get to know each other and explore the city of Maastricht.

Become a member!



Website → https://sahelix.nl/

Instagram → @sahelixmaastricht

Email → sahelix@maastrichtuniversity.nl

Time for Questions & Answers!

Thank you for joining

Have a great summer!
See you in August!