

VACANCY YOGA INSTRUCTOR

UM SPORTS, the sports department of Maastricht University, is looking for an enthusiastic and flexible yoga teacher.

Job description

You can teach at least one but preferably several yoga classes and possibly substitute classes of others, such as Hatha, Vinyasa, Yin, Power or Ashtanga yoga. You will tailor your classes to the needs and levels of the participants and create a calm atmosphere where participants feel comfortable and can grow, both physically and mentally. You can teach independently, have experience teaching groups and know how to enthuse participants.

UM SPORT's 'Body & Mind' offer currently consists of Yoga Flow, Ashtanga Yoga, Body & Mind Mix, Hatha Yoga, meditation and mindfulness classes. We also have programmes such as ClubJoy Yoga (similar to Les Mills BODYBALANCE). Also, we are open to new classes. The number of participants varies from 10 to 40.

Job requirements:

- Demonstrable experience as a yoga teacher, preferably teaching different audiences and levels
- Preferably a recognised yoga teacher training, e.g. RYT200 or higher
- Knowledge of yoga postures, breathing techniques and meditation exercises
- Enthusiastic, customer-oriented and empathetic
- Language of instruction: English
- Flexibility to teach at different times, including evenings and weekends

Terms of employment

- Temporary employment; the temporary contract can be extended when performance is satisfactory.
- The vacancy concerns a job position within scale 7 (sports instructor 4) or 8 (sports instructor 3) in accordance with the Collective Labor Agreement (CLA) of the VSNU (Association of universities in the Netherlands).

Practical information:

Starting date: September 2023
Working hours: in consultation, but preferably Mon to Fri between 16:00 and 19:00 or Sat + Sun in the morning
Number of hours: minimum 1 hour per week with option for more
Salary: Appointment at UM SPORT in accordance with VSNU (UFO profile sports teacher) or agreement with a company
Location: University Sports Centre (USC) Maastricht

General information UM SPORTS

UM SPORTS is the sports department of Maastricht University. Its sports offer is mainly aimed at students and employees of the university, but is accessible to everyone. The varied sports offer consists of more than 60 different sports activities, fun events and student-friendly prices. Due to the international character of the university, activities are offered in English.

UM SPORT's team consists of over 120 employees: sports teachers, instructors, front desk staff and an office team. Many of the employees are or were students at Maastricht University and all share a love of sports and exercise.

Maastricht University is an international organisation that fosters an inclusive working environment in which diverse student and employee populations feel at home. We are convinced that our focus on diversity and creating an inclusive working climate adds value. Maastricht University gives diversity a top priority in its strategic goals and invites you to apply.

How to apply

Send your letter of application and CV including a copy of diplomas or certificates (if any) to: hrm-umsport@maastrichtuniversity.nl.

More information

For more information regarding this vacancy, please contact UM SPORTS via hrm-umsport@maastrichtuniversity.nl