

## **Campus Venlo**



# Welcome to the Office of Academic and Student Advising

As a student, you embark on an academic journey, which will bring you on your unique path. You determine where the road will lead, and which route to take. Sometimes you have a clear idea where the road should take you, at other moments you find yourself in a more open-ended adventure.

Find out more about the support we can provide on your journey.

# More support and guidance

Most services in Maastricht are available to you at a distance (skype for instance). Contact the service to discuss the possibilities.

#### **Student Guidance Maastricht**

- Student Psychologists (workshops and more)
- UM Career Services (quick career advice and workshops)
- Student Deans (legal and financial help)
- Confidential Adviser (report undesirable behaviour)
- International Student Desk (face-to-face help for international students)
- Innbetween (Student pastorate)

More information: maastrichtuniversity.nl/support/during-your-studies/student-guidance

#### Library

- PeerPoint (Peer2peer writing support)
- Writing Studio (Professional writing support)
- Thesis Supportall (Thesis support portal)
- Academic Information Skills (Online Tutorials)

More information: library.maastrichtuniversity.nl/student

#### Venlo

In the Netherlands, you need a referral from a General Practitioner (GP) to see a specialist. **We strongly advise you to register with a GP upon your arrival in Venlo.** 

For urgent complaints outside regular office hours, call the GP station: Spoedpost Noord-Limburg 0900-8818.

# In life threatening emergencies call 112

More information: Intranet --> Life@Venlo --> Health Care

## What we do

#### **Academic Advising**

Academic Advising teaches UCV Bachelor's students to develop their personal curriculum. A staff member is assigned to you as your personal Academic Adviser to help you with this process.

#### **Student Advising**

A student adviser is a staff member who is specialised in guiding students in their studies. They can help you make difficult decisions, develop better study habits, and help you to develop a customised plan in the event you are dealing with special circumstances.

#### **Student Psychologist**

The student psychologist provides individual counselling to students who experience stress or psychological complaints.

#### Contact

Academic and Student Advising

Tel: +31646705523

email: campusvenlo-advising@maastrichtuniversity.nl

**Student Psychologist** 

email: campusvenlo-psy@maastrichtuniversity.nl

## More info & Make an Appointment

intranet. maas tricht university. nl/campus-ven lo-stud

## Visit us in Room 1.25

Meetings with the student adviser and student psychologist are always confidential.

# **UCV** Academic Advising

Liberal Arts and Sciences programmes, like University College Venlo, offer students the opportunity to develop their own personal academic curriculum. Throughout your studies, you (UCV student) are challenged to set your own goals, and identify which learning processes are required to achieve these goals. This helps you become the unique, well-rounded cosmopolite individual as deemed important in the Liberal Education philosophy.

Because setting your own goals, choosing courses, and preparing for a Master's programme can be quite the challenge on its own, you are assigned a personal Academic Adviser (AA). The AA is a member of the Campus Venlo scientific staff, and often has a certain affinity with the topics that interest the students they advise. This allows them not only to help you formulate the questions essential to your learning process, but also to oversee the requirements of your academic field.

Your academic adviser teaches you to:

- put the different parts of the curriculum into perspective
- sequence your learning experiences to optimize their effectiveness
- recognize interrelations among disciplines and modes of thought
- develop a personal development plan
- evaluate and reflect upon your own learning

You are assigned to your Academic Adviser in your first week at UCV. You meet your AA individually during course registration meetings and in a group during reflection weeks. The Academic Advising efforts are coordinated by the Office of Academic and Student Advising.

### **Student Adviser**

#### Iris Burks, MSc.

Iris Burks, the Campus Venlo student adviser, is a staff member who is specialised in guiding students. She can help you make difficult decisions and develop better study habits. Your well-being and study success go hand-in-hand. If you encounter any personal circumstances, which might have an impact on your study, we can help. Moreover, the student adviser can assist you in discovering and further developing your talents and skills. We are ready to discuss your future plans, your aspirations and your personal learning goals.

Iris can help with (not limited to):

- · Developing a personal roadmap
- (Self)reflection on academic skills and competences
- Personal study planning and CV building opportunities
- Study skills: time management, reading, exam preparations, etc.
- Personal circumstances: (chronic) illness or disability, top athletes, family situations, etc.

#### Make an Appointment & Contact

intranet.maastrichtuniversity.nl/ campus-venlo-stud --> Support and Guidance

email: campusvenlo-advising@maastrichtuniversity.nl Visit: Room 1.25

Meetings with the student adviser are confidential.





# **Student Psychologist**

#### Drs. Karin de Jonge

Do you feel anxious, stressed or depressed sometimes? Are you experiencing problems like study stress or fear of failure? Drs. Karin de Jonge, student psychologist at Campus Venlo can offer you individual counselling. Campus Venlo offers this service to all its students. This is a free service for a short period of time (up to 5 sessions). Karin is available to help you in case of:

- Study-related problems like stress and fear of failure
- Psychological complaints such as anxiety, depression, eating disorders, stress-related complaints, lack of confidence, and dealing with traumatic experiences

If it turns out that this service is not sufficient to help you with your problems, Karin can provide you with advice for further counselling. Please note that if this is the case, it is a prerequisite to get a referral from a GP, for which you need appropriate health insurance (or private funds).

#### Make an Appointment & Contact

intranet.maastrichtuniversity.nl/ campus-venlo-stud -->
Support and Guidance

email: campusvenlo-psy@maastrichtuniversity.nl Appointments: Room 1.25, on Wednesday mornings

Meetings with the student psychologist are confidential.