

Appendix 1: Overview of risk groups with an increased risk of severe illness from COVID-19:

1. People aged 70 or older
2. Adults with one or more of the following conditions:
 - People with **chronic respiratory or lung problems** who are being treated by a lung specialist.
 - Chronic **heart patients** who therefore qualify for a flu shot.
 - People with **diabetes** that is not fully controlled and/or involves complications.
 - People with **kidney disease** who need dialysis or waiting for a kidney transplant.
 - People who are **less resistant to infection** because they are taking medication for an autoimmune disease, and people who have had an organ transplant or stem cell transplant. People who do not have a spleen, or who have a spleen that is not functioning and people who have a blood disease. People with reduced resistance because they take resistance-reducing medicines. Cancer patients during chemotherapy and/or radiation, or within 3 months after receiving such treatment. People with severe immune disorders, which require treatment from a doctor.
 - People with an **HIV infection** who are not (or not yet) being treated by a doctor or with an HIV infection with a cluster of differentiation 4 or below 200/mm².
 - People with severe **liver disease**.
 - People who are **severely overweight**.