

Commitment to inclusion

Teaching learning activity

1. Humans of Maastricht

Inspired by the *Humans of New York* photography blog by Brandon Stanton

(www.humansofnewyork.com)

Designed to help the students become more aware of the everyday diversity that exists around them. It aims to reduce stereotypes and prejudice toward unfamiliar or misunderstood groups by fostering a sense of connectedness and empathy with strangers.

The task is to approach five people, couples, or families whom the students do not know and whom they consider different from themselves. They are supposed to interview the people and take a photo of them. Additionally, they have to write a reflection report in which they analyse their experience and relate it to the concepts of the course (in this case Social Psychology at UCM).

The students will share their experience with tutorial group members in the form of a PowerPoint presentation.

Based on: <https://www.actionteaching.org/award/humans-of-northeast-pennsylvania>

For more information and teaching activities: <https://www.actionteaching.org/>

2. Various activities in the Inclusion Nudges Guidebook:

Nielsen, T. C., & Kepinski, L. (2016). *Inclusion Nudges Guidebook: Practical Techniques for Changing Behaviour, Culture & Systems to Mitigate Unconscious Bias and Create Inclusive Organisations*. CreateSpace.

<https://inclusion-nudges.org/>

3.

<https://movetheelephant.org>

4.

<https://humanlibrary.org>