Maastricht University

5 Tips to improve gender equality at the workplace

1. **Recognise and encourage women** by showcasing their work in your workplace or your network.

2. **Provide or request training.** Are you missing the tools to help improve gender equity in the workplace? Ask for resources for you and your team.

3. **Bring attention** to gender disparities at your workplace. Very often these go unnoticed and are not addressed appropriately. Take the first step!

4. **Support a safe working environment.** Encourage a safe environment for reporting discrimination, harassment, and bullying in your workplace.

5. **Encourage action** by advocating for the adoption of gender and anti-discrimination policies at your workplace. Assist in the creation of working groups to address gender discrimination.